

*Day of treatment, wear comfortable clothing.
Your top should button or zip rather than pull over the head.*

BEFORE your treatment:

If you have a history of cold sores, Begin your anti viral medicine 2-3 days prior.

AVOID anti-coagulants and blood-thinning medications and supplements 4 days prior to treatment, when possible.

If you are on a prescription medication, please speak with your doctor before discontinuing any medication.

MUST NOT have new permanent makeup or injectables on or near the treatment area. Please ensure you have allowed adequate time (at least 3 weeks) for any permanent makeup or injectables to heal prior to Microneedling.

USE SUNSCREEN with an SPF of at least 30 daily. Sun burnt skin cannot be treated. Skin that is thin, sensitized or compromised in any way may not be treated until fully healed.

AVOID any irritating skin care ingredients, such as any products containing Hydroquinone, bleaching creams, Retin- A, retinol, benzoyl peroxide, glycolic/salicylic acids or astringents for at 3 days prior to treatment. Please advise your technician if you are currently using any prescription creams or products.

DO NOT tweeze or wax the area at least one week prior to Microneedling. DO NOT use bleach or “Nair”- type products on the area for two weeks prior to treatment. This can cause irritation and burns to the skin.